



CANADA COUPLES



A POSITIVE USE OF NEGATIVES

Use a sturdy heat transfer material (see suggestions at right) for this design, and you'll end up with virtually no waste for the flag's side panels—if you weed carefully, the material you weed away gets put to clever use!

CUTTING AND WEEDING

1. Retrieve the appropriate **canada couple flag** cut file in your cutting machine.
2. Adhere your heat transfer material carrier side down to your sticky cutting mat and perform a test cut in an obscure area to ensure that you have suitable cutting pressure and depth for your chosen HTM.
3. Arrange the designs on screen to consume the least amount of heat transfer material. (If your machine is equipped with a background scanning function, use it to verify your design placement on the material.)
4. Proceed with cutting the flag designs. Each element includes weeding boxes to simplify the weeding process and reduce material waste.
5. Remove the material from the sticky mat.
6. Working carefully and slowly to make sure that the material you are weeding away doesn't tear, weed the panel rectangles from the carrier; do not remove the individual leaves!

When you're finished weeding, you should have the following:

- still on the carrier: one complete flag, plus one leaf (Figure 1)
- two separate "negative" panels, not on the carrier (Figure 2)
- and two leaf "negatives", not on the carrier (Figure 3). These two may be set aside for another creative use; they're not needed for this project.

APPLYING YOUR HEAT TRANSFER

While a heat press makes the application of heat prints a snap, with a bit more patience, they can be applied with a traditional home iron at cotton setting.

1. Set your shirt on a firm, heat-proof surface and press for up to 10 seconds to remove moisture and wrinkles.
2. Position your heat transfer as desired, top with pressing cover sheet, and press as per the application chart at right.
3. Remove from press and peel as per material requirements.
4. Repeat for the second shirt, this time using the "spare" leaf and "negative" side panels; these don't need a carrier, just make sure to place them right-side up on the shirt, and use the pressing cover sheet, paying extra attention to avoid shifting them (thermal heat-press tape is helpful).

materials*:

- 2 comfy cotton t-shirts
- sturdy heat transfer material (HTM) such as **Hologram, Glitter Flake, Flock** or **Pattern** (and mask, if using Pattern)
- weeding tool
- pressing sheet

*all supplies available at ST&C

Tip: normally, designs need to be cut mirror-imaged for heat printing; the nature of this particular design makes that extra step unnecessary.

Tip: the tip of your weeding tool can be slipped under the material's edges to help release it intact from the carrier.

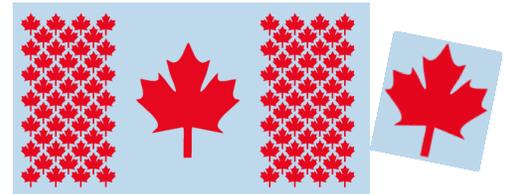


Figure 1

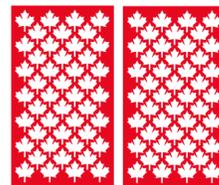


Figure 2



Figure 3

heat application settings:

MATERIAL	TEMP	TIME	PRESSURE	PEEL
HOLOGRAM	302°F	10-15 sec	firm	cold
GLITTER FLAKE	302°F	10-12 sec	med	hot
FLOCK	330°F	18 sec	med	cold
PATTERN	300°F	15-20 sec	med	warm